

## Ra Yoga 200 HR Teacher Training Application

<b>Particula</b>	<u>rs</u>		
Name:			Phone Number:
Address:			Email:
City:	St:	Zip:	Birthday:
Emergency (	Contact:		Emergency Phone:
What progra	m are you regi	stering for?	
How did you	hear about the	teacher trainin	ng?
Tell us at	oout you		
What first bro	ought you to the	e mat?	
How long ha	ve you been pr	racticing? How	often?
	favorite yoga c		y?
How has you	ır yoga practice	changed you?	? What are the greatest benefits achieved?
What are you	u hoping to acc	omplish througl	h taking this teacher training?



How interested are you in the following practices, elements, principles, or styles with regards to this training?

	Very Excited	Excited	Interested	So-So	Not Interested				
Vinyasa Technique									
Hot Yoga Technique									
Yoga with Weights Technique									
Kundalini Practice									
Pilates Technique									
Restorative / Yin / Yoga Nidra									
Becoming Self Actualized									
Understanding the Chakras									
Healing Science of Ayurveda									
Mastering Public Speaking									
Mentorship									
Posture Alignment									
Anatomy									
What attracted you most to Ra Yoga's 200-hour Teacher Training?									
Do you hope to teach yoga either part-time or full-time?									
What are the top three things you are hoping to achieve by the end of training?									



## **Payment Information**

We are so excited that you have decided to deepen your own practice with our 200-hour Teacher Training. We have worked hard to develop a holistic training that can inspire and help you grow your teaching and your personal practice. We recognize this is a very big decision and we never want money to be the reason someone decides not to participate, so we have developed multiple payment plans to fit individual needs. Listed below are payment options, please select your preference before turning in your application.

A deposit of \$500 required to hold your space in the training. All Deposits are non-refundable.

Regular Price \$3250 | (Fully paid by start of training)

Early Bird \$2950 | \$1500 due 30 days prior to start of training, balance due by start of training

6 month pp | Monthly payment - \$575

9 month pp | Monthly payment - \$400

12 month pp | Monthly payment - \$325

Teacher Training Cost does not include mandatory textbook purchases. Estimated cost of additional reading material is \$100.00

Methods of payment accepted at Ra Yoga are: Cash, Check or Credit Card. You may place your down payment by emailing <u>teachertraining@rayoga.com</u>, or calling the studio at 714-708-3060.



## **Teacher Training Commitment Agreement**

program, designed and facili	tudent) understand that I am enrolling tated by Ra Yoga, whose curriculum i ertified to teach this 200-hour Yoga Te	s approved by Yoga Alliance
attendance and participation that procurement of a Ra Yog position at any Ra Yoga stud	and payment does not guarantee me are necessary to receive a 200-hour of ga 200-hour Teacher Certificate does lio in the future. While all new teacher no guarantees of placement.	certificate. I also understand not guarantee me a teaching
	myself to the highest standard of exc punctual, reviewing notes, reading as ad infinitum.	<b>O O</b> ,
Signature		Date
	RAU	



## **Waiver of Liability**

In consideration of & as inducement to my participation as a student within Ra Yoga's teacher training, I represent and agree as follows:

- (1) I have been examined by a licensed physician with in the past six months and have been found by such physician to be in good physical health and fully able to perform all yoga exercises which I am to learn and/or practice during my teacher training.
- (2) I will faithfully follow the instruction of my teacher trainer as well as his/her assistant, understanding that yoga is a serious exercise. I understand that my training will help prevent injury to myself and/or others I might instruct in the future. I understand that any deviations from instruction might lead to injury. I also understand that Ra Yoga is not responsible for any injuries that may occur to me or anyone I may instruct in the future. Yoga can be injurious if a practitioner does not listen his/her own body.
- (3) I will not hold Ra Yoga, our partners, instructors or employees responsible for any injuries suffered by me caused in whole or in part by my failure to faithfully follow the instructions of Ra Yoga or its instructors or by any physical impairment fully disclosed to you in writing.
- (4) I understand and acknowledge that I am to receive instruction in yoga and yoga related theories/sciences. I will not hold Ra Yoga (instructors, employees, teacher trainers) to any higher standard of care than that applicable to school of yoga theory and exercises.

(5) The tuition paid for Ra Yoga's T	eacher Training is non	-refundable once the progi	am begins
Signature		Date	-